

What is Safeguarding?

Safeguarding involves protecting individuals from harm, abuse, and neglect.

It is an overarching term used to describe the processes and measures that ensure vulnerable people and groups are kept safe.

Safeguarding focuses on protecting health, wellbeing, and human rights, making sure individuals are free from harm, abuse, and neglect. It not only includes responding to concerns when they arise, but also preventing harm by being proactive, identifying risks early and taking appropriate action when someone may need help.

If you would like to know more about safeguarding, there is a detailed description with examples on the members' area of the main u3a website, or you can contact a member of the Committee.